

## Questions for The NecroVomits

*So what records have you been spinning lately?*

**Laurel Sinestrari:** I can't remember. Inhaler?

**Prick Bastard:** She means Breathilizör, and this other band Blasphemachine. Traded some records recently with my friend Stan who has a label called Reality Impaired and he's been showing me some good stuff.

**Laurel Sinestrari:** Today I was really close to getting Replicas by Tubeway Army, so I would have spun that, but times are tough. Our government is full of bloodsucking pedophiles, so that's how it is.

*How did the band get started, and how would you describe your sound?*

**Prick Bastard:** The band has just sort of always existed, but we didn't let anyone know it existed until early 2025. I describe our current sound as raw, fast, aggressive, hateful old-school thrashy stuff, but we're headed toward a colder, more frozen, cybery sound but still horror-focused.

*What does a writing session look like for The NecroVomits? Is there one person who does all the writing, or is it a joint effort?*

**Prick Bastard:** We don't go out of our way to write. We'll be doing our daily routines when suddenly something gross or brutal will inspire us, so then Laurel will start coming up with some key words that begin to shape the lyrics, then I usually pick up a guitar and start crafting the riffs to match it. Eventually it morphs into a song. So basically I write the music, but Laurel verbally paints the picture that I write to.

*Your EP Ghoulish Grotesqueries is certainly original as far as my ears can tell, and you guys definitely sound as though you're having a lot of fun with it, particularly in a scene of carbon copies who take themselves way too seriously. Was this part of the plan from the beginning, or did it just turn out this way?*

**Laurel Sinestrari:** We definitely had a lot of fun with it.

**Prick Bastard:** I think it just turned out that way! We try to shut out outside influences and just create from within ourselves. The end result is what you hear.

*Have you guys taken to the stage yet? Is there any plan to? Or are you just happy with how things are right now making fun and catchy tunes?*

**Laurel Sinestrari:** We definitely plan on eventually playing live.  
**Prick Bastard:** Our original plan was recording only, to just put out a record whenever we can, but I've been itching to play live and raise hell.

*How would you describe some of your lyrical themes, particularly with songs like "Congratulations, You're Cheese"?*

**Laurel Sinestrari:** Well, cheese is gore to us, so it's pretty gruesome to write about and mix it with body-horror and it just goes together, I think.

*What would you say are some of your biggest influences, be it musical or otherwise?*

**Prick Bastard:** I'm probably more inspired by films, imagery, crime, and the brutalities of life than by music itself.

**Laurel Sinestrari:** Old church cemeteries, catacombs, body-horror, stuff like that, and remember the scene in Hellraiser II when the doctor is getting fucked over by Leviathan and getting tubes of colored liquid pumped into him and then there's that thing that goes down his throat and he starts gurgling and choking as it's taking him down? That just kind of popped in my head.

**Prick Bastard:** I'm inspired by licks, sucks, and juicy slurps.

*What gear do you guys use, be it guitars, amps, pedals, DAWs, etc? And are there any upgrades or additions you hope to make to your arsenal in the near future?*

**Laurel Sinestrari:** I have a Shure Super 55 mic and a theremin. I would love to one day have maybe a Moog Taurus.

**Prick Bastard:** I have an early '80s Kramer Striker 500st and two other Kramers. When recording, so far we've just plugged the guitar straight in to get a more rotten tone but we might mic amps at some point. I've always liked Peavey and currently have an early '80s Peavey combo amp. I have a Sunn cab too. I'll need a head for that when we start gigging, and Laurel still needs a pitchshifter pedal for live. My pedal selection is honestly pretty uninteresting; Boss stuff. I like the Metal Zone but it's gotta be plugged directly in, not through the effects loop, so, the exact opposite of what tone nerds say to do. And then I use a Boss chorus, again, nothing too interesting there, but it's what

works for me. For recording, I program the drums in Fruity Loops and do some minor editing in Cool Edit Pro 2.1, and I'd love to lie and say we record on a Tascam 4 track but it's just some crap on my laptop.

***Putting out a 7" is certainly a great achievement in my eyes - are there any plans for future releases, and what might those look like? Splits? EPs? Full-lengths?***

**Laurel Sinestrari:** We have a couple of splits in the works. One is pretty much going to come out really soon. We are looking to release a full length at some point in time.

**Prick Bastard:** The soon-to-be-released split is a 7-inch with Ice War from Canada who plays heavy metal. Then later this year we're supposed to do a split 7-inch with Din-Addict who are some grindcore maniacs from Hungary. We have enough shit for multiple full-lengths, we just have to fucking get them recorded!

***How have The NecroVomits been received so far in the underground? And what is your opinion of the metal scene as it stands today? Is it as strong as ever, or does it need to get on the roids and do some butt-lifts? And is there anything you feel really needs to change in the underground, be it for better or worse?***

**Prick Bastard:** Cool people who like true shit have appreciated what we do and those with trendy ears have stayed away, can't complain. And no, not roids, maybe booze and psychedelics. A lot of today's metal is overproduced and polished but there are still plenty of bands keeping things ugly.

**Laurel Sinestrari:** I don't care about being part of a scene. That's not on my mind. I do like community, and people supporting each other's art, but at the same time, I don't want to support beatdown or deathcore, so I am an elitist in some ways, but in other ways I don't care. If it's lame like nu metal or beatdown, get it the hell away. Some fake shit like deathcore, that's what I don't want. I'd rather sit through 10 hours of generic mainstream cookie-cutter death metal than 1 underground beatdown band.

***Is there anything in particular that you would realistically like to achieve with the band, and do you guys have any other projects/bands we should know about?***

**Prick Bastard:** Stadium tours with Napalm Death.. oh wait, realistically? I guess one day it'd be nice to sell enough merch to quit our jobs. Is that realistic? Only time will tell!

**Laurel Sinestrari:** It would be really cool to reach people all over the world. Sharing art is really important in life, I feel. I do have an Instagram account of my art and it's called `primordial_slime_art`.

**Prick Bastard:** As for other projects, none you should know about, but if you insist, I make hardcore punk just under my name Prick Bastard, you can find the demo on Bandcamp.

*Is there anything that the two of you purposely try to avoid when it comes to making tunes, or do you have something of an "anything goes" kind of attitude as long as it sounds good? (which it most certainly does!)*

**Laurel Sinestrari:** Thank you!

**Prick Bastard:** Anything goes, as long as it feels rotten!

**Laurel Sinestrari:** I don't ever want to sound overproduced, personally.

*The final words of this interview are for you to choose as you see fit. Speak, my devil children, speak!*

**Laurel Sinestrari:** If you've never checked it out, please check out the movie Down And Dirty Duck. It's one of my favorite animated films ever and the character Dirty Duck is very influential to me.

**Prick Bastard:** Yeah, great movie, great duck.

**Laurel Sinestrari:** One last thing... 93 93/93. Oh, and another thing, I'm honored this zine is in the UK, we love the people of the UK, we just don't like the royal family. I'm really glad that bitch queen died. She's a fucking reptilian bitch, I don't give a fuck about her and I hope she's rotting in hell. She's a disgusting rotten cunt and I hope the worms are eating her body.

**Prick Bastard:** Peace and love.